

## **Outline for the Final Case Presentation at CCMPS**

The goal of the Final Case Presentation is for the candidate to demonstrate his/her ability to function professionally as an analyst, according to the core competencies delineated by both ABAP and CCMPS and covered in our curriculum.

The case to be presented should be one that has been in treatment for a sufficient amount of time (minimum of two years) to demonstrate the analyst's .

### **Presenting problem, manner of referral and personal information**

- A. Narrative around referral
- B. Patient's reason for seeking treatment
- C. Personal data: age, gender, cultural and ethnic background, education
- D. History of childhood, of social experiences and relationships
- E. Medical history

### **Diagnostic impressions**

- A. First spontaneous impressions and reactions
- B. Does patient appear psychotic or neurotic (obsessional or hysteric)
- C. What kind of attachment pattern does patient have
- D. What defenses seem predominant

### **Unfolding of the treatment**

- A. Initial contract, frequency of sessions, payment
- B. How did patient settle into treatment, initial resistances and their resolution
- C.

### **Transference-countertransference**

- A. How did the patient relate to the analyst based on their history and how did that change during analysis
- B. How much could patient form a non conflictual, collaborative relationship with analyst and how did that change
- C. What was the analyst's countertransference, both subjective and objective, and how did that contribute to the treatment

### **Resistances and their resolution**

- A. Describe the different resistances observed in the patient's discourse, and how they relate to the trauma and adaptation to it
- B. How were these resistances resolved and how did this manifest in changes made by patient

**Dreams and fantasies and their role in treatment**

- A. Were dreams, daydreams and fantasies presented, if so describe some salient themes and unconscious content revealed by them and their use in treatment

**Theories and Techniques used, and their rationale**

- A. Describe the theories used to understand the case. Candidates are expected to reference at least attachment/trauma theory, affective neuroscience, self psychology, Lacanian theory, and are free to use any other insights from other theories they use.
- B. Describe theoretical rationale of when and why joining, mirroring reflecting, interpreting, exploring and confronting techniques were used
- C. Explain how these interventions changed something in the patient

**Summary**

How do you feel about the case, is there anything you might do differently in hindsight and how do you see the case progressing in the next six months